

# Risico's tijdens spelen en leren |

UBUD-HÖÖR VERKLARING | SEPTEMBER 2017



International School Grounds Alliance  
[www.internationalschoolgrounds.org](http://www.internationalschoolgrounds.org)

De International School Grounds Alliance (ISGA) is een wereldwijd netwerk van organisaties en professionelen dat ijvert om het leren en spelen van kinderen te verrijken door de inrichting en het gebruik van speelplaatsen te verbeteren. De Leadership Council kwam bijeen in het ARMA Museum in Ubud, Bali, Indonesië in oktober 2015 na de 4de conferentie en in september 2016 in Åkersberg, Höör, Zweden na de 5de conferentie.

De leden en organisaties van de ISGA Leadership Council uit de lijst hier onder, delen de overtuiging dat risico's leren nemen essentieel is in de speel- en leeromgeving van kinderen. Deze leden vertegenwoordigen 16 landen van Afrika, Azië, Australië, Europa, Noord- en Zuid-Amerika en onderschrijven de Ubud-Höör verklaring als individu of als organisatie.

## INDIVIDUELE LEDEN VAN DE STUURGROEP:

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## ORGANISATIES DIE DEEL UITMAKEN VAN DE STUURGROEP:

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ROH-ELESD KÖZÖSSÉGVISZ

## Risico is essentieel voor onze gezondheid en ons welbevinden

**WIE GEEN STAPPEN ZET**, zal nooit leren lopen. Kinderen en jongeren moeten risico's nemen om cognitieve, sociale, fysieke en psychische vaardigheden te kunnen ontwikkelen.

**ALLE KINDEREN EN JONGEREN** elk met hun specifieke mogelijkheden, hebben dezelfde nood aan en recht op kansen om risico's te nemen en er de voordelen van te ondervinden.

**DIT WORDT ONDERSTEUND** door het Verdrag inzake de Rechten van het Kind van de Verenigde Naties (Artikel 31, Aanbeveling 17).

## Leren door ervaring

Leren door ervaring **RISICO'S NEMEN GEEFT** kinderen en jongeren levenslessen over zichzelf en hun wereld. Deze lessen kunnen niet onderwezen worden maar kun je enkel al doende leren. Voorzichtigheid, veerkracht, moed, kennis over de eigen mogelijkheden en beperkingen en het zelfvertrouwen om zichzelf te overstijgen worden geleerd door zelf initiatief te nemen.

**DE WERELD ZIT VOL RISICO'S.** Kinderen moeten leren risico's te herkennen en er gepast op te reageren. Zo leren ze zichzelf beschermen en ontwikkelen ze vaardigheden om risico's in te schatten.

## Het nut van risico's

**ONDERZOEK TOONT AAN** dat een beleid dat enkel focust op risicovermindering, eerder schade berokkent dan voordeel oplevert.

**ZICH KWETSEN KAN EEN POSITIEVE ERVARING** opleveren. Kinderen en jongeren leren door fouten te maken en hebben dus de ruimte nodig om te kunnen falen.

## Oproep tot actie: zo veilig als nodig

**BEGELEIDERS HEBBEN DE VERANTWOORDELIJKHEID** om kinderen en jongeren kansen te geven om levenscompetenties te ontwikkelen, zoals je gezond verstand gebruiken, probleemoplossend denken en vertrouwen hebben.

**OUDERS EN VOLWASSEN FAMILIELEDEN**, schoolbesturen, terreinbeheerders, wetgevers, overheden en verzekeraars moeten allen werk maken van een beleid en procedures die scholen

toelaten doordachte risicovolle activiteiten aan te bieden.

**PLANNERS**, en zij die speelplaatsen ontwerpen, beheren of onderhouden moeten worden aangemoedigd om rekening te houden met het nut van risico's.

**SPEELPLAATSEN** moeten niet zo veilig mogelijk zijn, maar zo veilig als nodig.

Vertaald uit het Engels door GoodPlanet Belgium.

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UBUD-HÖÖR VERKLARING | SEPTEMBER 2017 | REFERENTIES

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